



# Events and Activities Coming Soon At Quiet Waters Christian Retreat

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## Walking Weekend Retreat

20th to 22nd of September

We are planning a walking retreat for the weekend of 20th to 22nd of September. As well as our usual rhythm of prayer there will be time for a series of short walks starting at Quiet Waters Retreat and exploring the beautiful local area of Stow Fen, Bungay and surrounding villages.

This weekend will include meals and there will be space for both private time with God and times of fellowship.

Prices : £130 per person for a single occupancy room, £115 per person if sharing a room.

## Singing - Fun with Song

28th September 10am to 4pm

A singing workshop for all abilities. If you like singing then come and explore some new songs and some you may already know. Enjoy lunch together.

This day retreat will include lunch, teas and coffees. and there will be space for both private time with God and times of fellowship.

The price is £25 per person.

## Beginner's Guitar

19th October 10am - 4pm

Learn some basic chords and have fun with some Christian songs! This day workshop would suit those who are new to the guitar or are growing in confidence but may only have a rudimentary chord knowledge. This day retreat will include lunch, teas and coffees and there will be space for both private time with God and times of fellowship.

Price is £25 per person

## Open Day

Saturday 31<sup>st</sup> August 2 - 5pm

We are planning a summer fair and open day. Our house and gardens will be open to visitors and there will be stalls outside in the garden with refreshments. Why not come and see our newly refurbished guest wing bathroom. Contact Quiet waters for more details.

## Time for God

Friday 13<sup>th</sup> September Leader: Sue Ives. Cost £30 including lunch.

A CARM (Creative Arts Retreat Movement) retreat

## Dare to Create - A series of four art based day retreats

31<sup>st</sup> October, 8<sup>th</sup> November, 31<sup>st</sup> January 2020 and 27<sup>th</sup> February 2020. 09:30 - 16:00 including lunch.

A series of four days (over a few months) to consider the gift of creativity, even if you don't consider yourself to be creative! A time to reflect on God's creativity, creativity in the Bible, and where it all fits with our own faith journeys. Whilst there will be opportunities and encouragement to 'have a go' there will certainly not be any pressure to produce works of art. Materials will be provided and ideas put forward. You might just find yourself 'daring to create'! For those who already engage in creative activities this will be an opportunity to consider what we do and why, how we can further our understanding and gifts, and how we can use it all to further the Kingdom of God.