

Writing for Recovery

"Out of your head, onto the page"

with Jane Walters

(author and retreat leader)

Quiet Waters Christian Retreat House

Saturday October 19th 9.30am- 4pm

£25 / £20 concessions

Please bring your own lunch

**TIRED OF YOUR THOUGHTS
SWIRLING ROUND YOUR HEAD?
COME AND EXPLORE CREATIVE
WAYS OF GETTING THEM ON THE
PAGE.
FUN / THERAPEUTIC / PEACEFUL**

www.janewyattwalters.com
Insta: @readywritersretreats

janewyattwalters.com/writing-retreats/

Booking: phone 01986 893201
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